

STORMFORCE 10 - 20TH JANUARY 2013

PLACE	TIME	NAME	TEAM	CATEGORY	PACE
1	0:54:48	THOMAS, Justin	Cornwall AC	Male Vet 35 - 39	05:28.7
2	0:55:45	ALSOP, Daniel	St Austell RC	Male under 35	05:34.4
3	0:56:22	DUNN, Tony	Cornwall AC	Male Vet 45 - 49	05:38.1
4	0:56:26	KINDON, Noel	Cornwall AC	Male under 35	05:38.5
5	0:57:14	STEPTO, Emma	Cornwall AC	Female Vet 40 - 44	05:43.3
6	0:57:39	WALKER, Ken	Newquay Road Runners	Male Vet 35 - 39	05:45.8
7	0:57:45	MARTIN, Andrew	Mile High	Male under 35	05:46.4
8	0:58:00	PASCOE, Richard	Mile High	Male under 35	05:47.9
9	0:58:10	BARTLETT, Dave		Male under 35	05:48.9
10	0:58:17	MANCER, Jez	St Austell RC	Male Vet 40 - 44	05:49.6
11	0:59:30	MORANT, Jordan	Hayle Runners	Male under 35	05:56.9
12	0:59:43	WHERRY, Steven	Cornwall AC	Male Vet 45 - 49	05:58.2
13	0:59:52	DAY, Justin	Cornwall AC	Male Vet 40 - 44	05:59.1
14	1:00:48	DANIELS, Alex	Newquay Road Runners	Male Vet 40 - 44	06:04.7
15	1:01:03	DALTON, Richard	Falmouth Road Runners	Male under 35	06:06.2
16	1:01:14	KEEFE, Richard	Falmouth Road Runners	Male Vet 40 - 44	06:07.3
17	1:01:25	KNOWLES, Simon	Hayle Runners	Male Vet 35 - 39	06:08.4
18	1:01:44	HANDS, Stephen	St Austell RC	Male Vet 40 - 44	06:10.3
19	1:01:52	NICHOLAS, Stuart	St Austell RC	Male under 35	06:11.1
20	1:02:06	MONTGOMERY-SMITH, Phil	St Austell RC	Male Vet 40 - 44	06:12.5
21	1:02:11	BABB, Steve	Newquay Road Runners	Male Vet 45 - 49	06:13.0
22	1:02:20	OAKES, Duncan	St Austell RC	Male Vet 45 - 49	06:13.9
23	1:02:29	HODGE, Chris	Carn Runners	Male Vet 50 - 54	06:14.8
24	1:02:37	SANGER, Phil	Mounts Bay Harriers	Male Vet 35 - 39	06:15.6
25	1:02:47	EDDISON, Andrew	Cornwall AC	Male Vet 45 - 49	06:16.6
26	1:02:51	DOWRICK, Mike	Hayle Runners	Male Vet 40 - 44	06:17.0
27	1:03:02	COSTELLO, Daniel	Hayle Runners	Male under 35	06:18.1
28	1:03:03	LAWLESS, Martin	Falmouth Road Runners	Male Vet 35 - 39	06:18.2
29	1:03:06	ADIE, Gordon	Truro Running Club	Male Vet 50 - 54	06:18.5
30	1:03:14	BENBOW, Kitson	Looe Pioneers	Male under 35	06:19.3
31	1:03:21	MURRANT, Kieran	Hayle Runners	Male under 35	06:20.0
32	1:03:32	ABRAHAM, Scott	Hayle Runners	Male Vet 40 - 44	06:21.1
33	1:03:40	DAVIS, Martin	Newquay Road Runners	Male Vet 50 - 54	06:21.9
34	1:03:43	ADAMS, Tim	St Austell RC	Male Vet 40 - 44	06:22.2
35	1:03:46	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 35 - 39	06:22.5
36	1:03:52	COLACO, Jonathan	Newquay Road Runners	Male Vet 40 - 44	06:23.1
37	1:03:56	DUNN, James		Male under 35	06:23.5
38	1:03:57	LAWLESS, Matt	Mounts Bay Harriers	Male Vet 35 - 39	06:23.6
39	1:04:00	HAYDEN, Sean	Falmouth Road Runners	Male under 35	06:23.9
40	1:04:08	STRACHAN, Stephen	Falmouth Road Runners	Male Vet 35 - 39	06:24.7
41	1:04:16	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 40 - 44	06:25.5
42	1:04:19	CARDEW, Barrie	Carn Runners	Male Vet 50 - 54	06:25.8
43	1:04:26	WEBB, Jason	Cornwall AC	Male Vet 40 - 44	06:26.5
44	1:04:31	CONNETT, Mark	Newquay Road Runners	Male under 35	06:27.0
45	1:04:44	MITCHELL, Rich	Falmouth Road Runners	Male Vet 35 - 39	06:28.3
46	1:04:55	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 45 - 49	06:29.4
47	1:04:57	CURTIS, Matt	Hayle Runners	Male Vet 35 - 39	06:29.6
48	1:05:06	WALKER, Chris	Newquay Road Runners	Male Vet 40 - 44	06:30.5
49	1:05:10	HUMPHREY, Thomas	Plymouth Triathlon Club	Male under 35	06:30.9
50	1:05:16	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:31.5
51	1:05:32	JARVIS, Antony	St Austell RC	Male Vet 40 - 44	06:33.1
52	1:05:38	TIMMS, Simon	Hayle Runners	Male under 35	06:33.7
53	1:05:40	LEE, Laurie	St Austell RC	Male Vet 50 - 54	06:33.9
54	1:05:44	GWYNNE, Paul	Falmouth Road Runners	Male Vet 45 - 49	06:34.3
55	1:05:54	WYKES, Isobel	Truro Running Club	Female under 35	06:35.3
56	1:06:03	MUTSAERS, Adrian	Cornwall AC	Male Vet 40 - 44	06:36.2
57	1:06:12	WATSON, Robin	Falmouth Road Runners	Male Vet 45 - 49	06:37.1
58	1:06:18	ALLEN, John	Falmouth Road Runners	Male under 35	06:37.7
59	1:06:23	PHILP, David	East Cornwall Harriers	Male Vet 50 - 54	06:38.2

60	1:06:26	SOPER, Luke	Truro Running Club	Male under 35	06:38.5
61	1:06:29	COTTAM, Heidi	Cornwall AC	Female under 35	06:38.8
62	1:06:36	WHERRY, Alan	St Austell RC	Male Vet 45 - 49	06:39.5
63	1:06:49	RICHARDS, Jason	Carn Runners	Male under 35	06:40.8
64	1:07:00	LAURIE, Andrew	Falmouth Road Runners	Male Vet 45 - 49	06:41.9
65	1:07:04	HALL, Craig	Carn Runners	Male Vet 35 - 39	06:42.3
66	1:07:11	WILLIAMS, Alan	Tamar Trotters	Male under 35	06:43.0
67	1:07:13	RAWSON, Steve	Truro Running Club	Male Vet 55 - 59	06:43.2
68	1:07:28	WILLIAMS, George	Carn Runners	Male Vet 50 - 54	06:44.7
69	1:07:31	WITHAM, Neville	Cornwall AC	Male Vet 55 - 59	06:45.0
70	1:07:37	MAY, Jordan	East Cornwall Harriers	Male under 35	06:45.6
71	1:07:42	TRUSCOTT, Simon	Newquay Road Runners	Male Vet 40 - 44	06:46.1
72	1:07:53	SIMMONS, Leslie		Male Vet 45 - 49	06:47.2
73	1:07:55	RENDLE, Steve	Newquay Road Runners	Male Vet 40 - 44	06:47.4
74	1:08:11	RAGGETT, Donna	Cornwall AC	Female Vet 40 - 44	06:49.0
75	1:08:22	CROWLE, Ian	East Cornwall Harriers	Male Vet 50 - 54	06:50.1
76	1:08:32	DAVIS, Eleanor	Newquay Road Runners	Female under 35	06:51.1
77	1:08:36	CLARKE, Peter	Tamar Trotters	Male Vet 35 - 39	06:51.5
78	1:08:42	ANGILLEY, David	Cornwall AC	Male Vet 45 - 49	06:52.1
79	1:08:47	REID, Steve	St Austell RC	Male Vet 35 - 39	06:52.6
80	1:08:56	ROBERTS, Malcolm	St Austell RC	Male Vet 55 - 59	06:53.5
81	1:09:07	HOLDEN, Charlie	Mounts Bay Harriers	Male Vet 40 - 44	06:54.6
82	1:09:11	ULLMAN, Chris	East Cornwall Harriers	Male Vet 40 - 44	06:55.0
83	1:09:14	TRUDGIAN, Andy	St Austell RC	Male Vet 40 - 44	06:55.3
84	1:09:19	DAVIES, Kieran	Hayle Runners	Male under 35	06:55.8
85	1:09:26	PEARSON, Matthew		Male under 35	06:56.5
86	1:09:32	EVANS, Julian	Falmouth Road Runners	Male Vet 40 - 44	06:57.1
87	1:09:38	CURTIS, Ken	Cornwall AC	Male Vet 45 - 49	06:57.7
88	1:09:41	LOWDEN, John	Hayle Runners	Male Vet 35 - 39	06:58.0
89	1:09:49	BOSWELL, Guy	Plymouth Muskateers	Male Vet 50 - 54	06:58.8
90	1:09:57	LISTER, Jonathan		Male under 35	06:59.6
91	1:10:03	CALDWELL, Andrew		Male Vet 50 - 54	07:00.2
92	1:10:10	MORRALL, Zelah	Cornwall AC	Female Vet 40 - 44	07:00.9
93	1:10:13	LINTHWAITE, Christopher	Cornwall AC	Male Vet 35 - 39	07:01.2
94	1:10:18	STEPHENS, Darren	St Austell RC	Male Vet 40 - 44	07:01.7
95	1:10:25	HAMPTON, Jody		Female under 35	07:02.4
96	1:10:32	BYRNES, Lee		Male Vet 35 - 39	07:03.1
97	1:10:38	LLOYD, Peter	Newquay Road Runners	Male under 35	07:03.7
98	1:10:40	YATES, Jason	Kernow Runners	Male Vet 35 - 39	07:03.9
99	1:10:43	MCLAREN, Alec	Bideford AAC	Male Vet 55 - 59	07:04.2
100	1:10:44	BOSUSTOW, Suzy	Cornwall AC	Female Vet 35 - 39	07:04.3
101	1:10:44	BURGESS, Kathryn	Cornwall AC	Female Vet 35 - 39	07:04.3
102	1:10:53	HILL, Nancy	Mounts Bay Harriers	Female Vet 45 - 49	07:05.2
103	1:10:54	ALLEN, Peter	Newquay Road Runners	Male Vet 55 - 59	07:05.3
104	1:10:56	KING, Kevin	Hayle Runners	Male Vet 50 - 54	07:05.5
105	1:11:01	WILES, Brian	Launceston Road Runners	Male Vet 65 - 69	07:06.0
106	1:11:02	JACKSON, Derek	Okehampton R C	Male Vet 55 - 59	07:06.1
107	1:11:09	BREMNER, Jane	Tamar Trotters	Female Vet 55 - 59	07:06.8
108	1:11:11	ANDREWS, Mark	East Cornwall Harriers	Male Vet 55 - 59	07:07.0
109	1:11:14	JUKES, Andy	Hayle Runners	Male Vet 45 - 49	07:07.3
110	1:11:28	DEVENEY, Cal	Falmouth Road Runners	Male Vet 45 - 49	07:08.7
111	1:11:30	BROWNE, Ben		Male Vet 35 - 39	07:08.9
112	1:11:42	ALSOP, Doug	St Austell RC	Male Vet 60 - 64	07:10.1
113	1:11:48	REEVE, Paul	Cornwall AC	Male Vet 40 - 44	07:10.7
114	1:11:55	LOCKETT, Pat	Newquay Road Runners	Male Vet 65 - 69	07:11.4
115	1:11:58	ROY, Diane	East Cornwall Harriers	Female Vet 45 - 49	07:11.7
116	1:12:00	WEBBER, Simon	East Cornwall Harriers	Male Vet 55 - 59	07:11.9
117	1:12:05	PETTIT, Nicolas	Tamar Trotters	Male Vet 60 - 64	07:12.4
118	1:12:08	HARRIS, Geoff	Newquay Road Runners	Male Vet 50 - 54	07:12.7
119	1:12:13	LAITY, Steven	Plymouth Harriers	Male under 35	07:13.2
120	1:12:20	GOULD, Phil		Male Vet 35 - 39	07:13.9
121	1:12:25	DEACON, Mark	Looe Pioneers	Male under 35	07:14.4
122	1:12:29	HARRISON, Karen	Cornwall AC	Female Vet 45 - 49	07:14.8

123	1:12:34	HICKS, Nigel		Male Vet 45 - 49	07:15.3
124	1:12:38	LEE, Steven	Hayle Runners	Male Vet 50 - 54	07:15.7
125	1:12:46	BRAY, Vivian	Cornwall AC	Male Vet 45 - 49	07:16.5
126	1:12:49	SOLE, John	Bodmin Road Runners	Male under 35	07:16.8
127	1:12:54	ELLIOTT, David		Male Vet 40 - 44	07:17.3
128	1:12:56	ATTWOOD, James	Hayle Runners	Male Vet 40 - 44	07:17.5
129	1:13:02	MORRIS, Sean	Tamar Trotters	Male Vet 40 - 44	07:18.1
130	1:13:06	CIANO, Phillip	Newquay Road Runners	Male Vet 45 - 49	07:18.5
131	1:13:07	TREMBARTH, Robert	Hayle Runners	Male Vet 35 - 39	07:18.6
132	1:13:11	TONKIN, Craig	Hayle Runners	Male Vet 40 - 44	07:19.0
133	1:13:15	ALMEY, Jenny	Cornwall AC	Female under 35	07:19.4
134	1:13:18	CARLIN, Thomas		Male under 35	07:19.7
135	1:13:20	TOMS, Faye	Hayle Runners	Female Vet 35 - 39	07:19.9
136	1:13:26	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 45 - 49	07:20.5
137	1:13:27	BUSCOMBE, Jessica	St Austell RC	Female under 35	07:20.6
138	1:13:35	SHIPLEY, Phil	Looe Pioneers	NDB	07:21.4
139	1:13:39	WALL, Alex	Hayle Runners	Male under 35	07:21.8
140	1:13:42	LAMING, Andrew	Newquay Road Runners	Male Vet 40 - 44	07:22.1
141	1:13:57	MANNING, James	Hayle Runners	Male under 35	07:23.6
142	1:14:00	PATTERSON, Sarah	Hayle Runners	Female Vet 45 - 49	07:23.9
143	1:14:00	GILL, Stuart	Hayle Runners	Male Vet 35 - 39	07:23.9
144	1:14:14	MILLWARD, Andy	Carn Runners	Male Vet 50 - 54	07:25.3
145	1:14:18	AINSLEY, Simon	Falmouth Road Runners	Male under 35	07:25.7
146	1:14:27	TALEN, Patrick	St Austell RC	Male Vet 35 - 39	07:26.6
147	1:14:29	FLOYD, Rob	Dreckly Runnrs	Male under 35	07:26.8
148	1:14:29	WOOLCOCK, Martin		Male under 35	07:26.8
149	1:14:30	MCAVOY, Richard	Newquay Road Runners	Male Vet 40 - 44	07:26.9
150	1:14:32	SMITH, Derek	Hayle Runners	Male Vet 50 - 54	07:27.1
151	1:14:37	LEDGER, Alan	Newquay Road Runners	Male under 35	07:27.6
152	1:14:40	DAW, Sharon	East Cornwall Harriers	Female Vet 45 - 49	07:27.9
153	1:14:41	SCRIVENS, Joseph	Falmouth Road Runners	Male under 35	07:28.0
154	1:14:48	JACKSON, Steven	Mud Crew Trail Runners	Male Vet 50 - 54	07:28.7
155	1:14:58	KESTLE, Mike	Newquay Road Runners	Male Vet 55 - 59	07:29.7
156	1:15:04	SIMS, Nigel	Mounts Bay Harriers	Male Vet 50 - 54	07:30.3
157	1:15:09	BURROWS, Max	Falmouth Road Runners	Male Vet 50 - 54	07:30.8
158	1:15:14	WEST, Rob	Cornwall AC	Male Vet 35 - 39	07:31.3
159	1:15:23	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 55 - 59	07:32.2
160	1:15:27	HUMPHREY, Irwin	Hayle Runners	Male Vet 50 - 54	07:32.6
161	1:15:28	MORSE, Helen	East Cornwall Harriers	Female under 35	07:32.7
162	1:15:30	CHAPMAN, Peter	Carn Runners	Male Vet 55 - 59	07:32.9
163	1:15:33	CHENOWETH, Justin	Bodmin Road Runners	Male Vet 35 - 39	07:33.2
164	1:15:36	MARTIN, Steve	St Austell RC	Male Vet 35 - 39	07:33.5
165	1:15:39	MASKELL, Lisa	Hayle Runners	Female under 35	07:33.8
166	1:15:43	MCGUIRE, David	Truro Running Club	Male Vet 35 - 39	07:34.2
167	1:15:45	WILLIAMS, Simon C	Cornwall AC	Male Vet 55 - 59	07:34.4
168	1:15:49	BERRY, Andrew	East Cornwall Harriers	Male Vet 45 - 49	07:34.8
169	1:15:56	KNUCKEY, Phil	Tri Logic Cornwall	Male Vet 45 - 49	07:35.5
170	1:16:00	ORCHARD, Mike	Hayle Runners	Male Vet 55 - 59	07:35.9
171	1:16:01	TRETHEWEY, Charlie	St Austell RC	Female Vet 35 - 39	07:36.0
172	1:16:26	RATLIFFE, Richard		Male Vet 35 - 39	07:38.5
173	1:16:30	PICK, Robert	East Cornwall Harriers	Male Vet 55 - 59	07:38.9
174	1:16:32	MUDD, Rebecca	Launceston Road Runners	Female under 35	07:39.1
175	1:16:36	BAZELEY, Geoff	St Austell RC	Male Vet 50 - 54	07:39.5
176	1:16:38	RULE, Helen	Hayle Runners	Female under 35	07:39.7
177	1:16:40	WILLIAMS, Maria	Hayle Runners	Female Vet 50 - 54	07:39.9
178	1:17:13	SALMON, Dave	Looe Pioneers	Male Vet 35 - 39	07:43.2
179	1:17:14	PHILLIPS, Chris	St Austell RC	Male under 35	07:43.3
180	1:17:24	ELLIOTT, Kathy	Newquay Road Runners	Female Vet 45 - 49	07:44.3
181	1:17:40	STANLEY, Glyn		Male Vet 50 - 54	07:45.9
182	1:17:44	ALLEN, Tabitha	Truro Running Club	Female under 35	07:46.3
183	1:17:45	GREENHILL, Neil	Falmouth Road Runners	Male under 35	07:46.4
184	1:17:46	ROCHOWIAK, Robert	Carn Runners	Male Vet 50 - 54	07:46.5
185	1:17:48	FRITH, Matt	Newquay Road Runners	Male under 35	07:46.7

186	1:17:49	SPENCER-SMITH, Andrea	Hayle Runners	Female Vet 40 - 44	07:46.8
187	1:17:51	PEARSON, Richard		Male Vet 60 - 64	07:47.0
188	1:17:57	JENKIN, Tammy	Falmouth Road Runners	Female under 35	07:47.6
189	1:17:58	PALIN, Malcolm	Looe Pioneers	Male Vet 55 - 59	07:47.7
190	1:18:01	ROWE, Gareth	Newquay Road Runners	Male Vet 55 - 59	07:48.0
191	1:18:05	GILL, Philip	Falmouth Road Runners	Male Vet 35 - 39	07:48.4
192	1:18:12	DAVEY, Charlotte	Mounts Bay Harriers	Female Vet 35 - 39	07:49.1
193	1:18:15	TOWNEND, Stewart	Hayle Runners	Male Vet 70 - 74	07:49.4
194	1:18:25	GOLDSWORTHY, Rachel	Hayle Runners	Female under 35	07:50.4
195	1:18:29	MCCOLL, Darren	St Austell RC	Male Vet 40 - 44	07:50.8
196	1:18:33	ANGILLEY, Jayne	Cornwall AC	Female Vet 50 - 54	07:51.2
197	1:18:36	SMITH, Nick		Male under 35	07:51.5
198	1:18:37	HYNARD, Mark	Hayle Runners	Male Vet 50 - 54	07:51.6
199	1:18:42	CRACKNELL, Dave	Tri Logic Cornwall	Male Vet 40 - 44	07:52.1
200	1:18:52	COATES, Pat	Newquay Road Runners	Female Vet 50 - 54	07:53.1
201	1:18:55	JACKSON, Jane	Okehampton R C	Female Vet 55 - 59	07:53.4
202	1:19:02	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 60 - 64	07:54.1
203	1:19:19	TALLING, Lisa	Newquay Road Runners	Female Vet 40 - 44	07:55.8
204	1:19:22	KITCHEN, Nathan	Cornwall AC	Male Vet 35 - 39	07:56.1
205	1:19:24	PAULL, Lucy	Hayle Runners	Female under 35	07:56.3
206	1:19:28	CLEMENTS, Colette	Newquay Road Runners	Female under 35	07:56.7
207	1:19:34	WILLIAMS, Gary	Looe Pioneers	Male under 35	07:57.3
208	1:19:37	YATES, Stewart		Male Vet 35 - 39	07:57.6
209	1:19:38	MUTSAERS, Kirstie	Cornwall AC	Female Vet 40 - 44	07:57.7
210	1:19:42	AXE, Jason	Newquay Road Runners	Male under 35	07:58.1
211	1:19:44	HARVEY, Richard	Carn Runners	Male Vet 35 - 39	07:58.3
212	1:19:46	BOX, Philip	Launceston Road Runners	Male Vet 60 - 64	07:58.5
213	1:19:48	CLITHEROW, Hana	Truro Running Club	Female Vet 50 - 54	07:58.7
214	1:19:48	CARTER, Alex	Looe Pioneers	Male under 35	07:58.7
215	1:19:49	SNELL, Karen	Falmouth Road Runners	Female under 35	07:58.8
216	1:19:51	CURTIS, Martin	Hayle Runners	Male Vet 60 - 64	07:59.0
217	1:19:54	RUDD, Nikki	Hayle Runners	Female Vet 45 - 49	07:59.3
218	1:19:56	HARVEY, Rebecca		Female Vet 40 - 44	07:59.5
219	1:20:08	ROWELL, Tony	Tri Logic Cornwall	Male Vet 50 - 54	08:00.7
220	1:20:15	REDD, Hazel		Female under 35	08:01.4
221	1:20:36	RINGER, Ian	East Cornwall Harriers	Male Vet 65 - 69	08:03.5
222	1:20:36	YEO, Alan	Bodmin Road Runners	Male Vet 40 - 44	08:03.5
223	1:20:38	EYRES, Janna	Carn Runners	Female under 35	08:03.7
224	1:20:41	STRATTON, Colin		Male Vet 45 - 49	08:04.0
225	1:20:42	SCRACE, Shaun	St Austell RC	Male Vet 40 - 44	08:04.1
226	1:20:44	MARTIN, Colin	Newquay Road Runners	Male Vet 60 - 64	08:04.3
227	1:20:49	WARWICK, Rupert	East Cornwall Harriers	Male Vet 45 - 49	08:04.8
228	1:20:51	SHORLAND, Narina	Hayle Runners	Female under 35	08:05.0
229	1:20:56	HEMSWORTH, Kim	Falmouth Road Runners	Male Vet 60 - 64	08:05.5
230	1:21:03	TAGNEY, Greg	Dallam Runners	Male Vet 60 - 64	08:06.2
231	1:21:04	GIBSON, Amanda	Looe Pioneers	Female Vet 35 - 39	08:06.3
232	1:21:12	CAIN, Daryll	Tamar Trotters	Male Vet 40 - 44	08:07.1
233	1:21:16	GOULBOURN, Mark	Hayle Runners	Male Vet 35 - 39	08:07.5
234	1:21:16	WOOD, Glenn	East Cornwall Harriers	Male Vet 45 - 49	08:07.5
235	1:21:19	TRETHEWEY, Martin	St Austell RC	Male Vet 45 - 49	08:07.8
236	1:21:23	MENSING, Claire		Female Vet 35 - 39	08:08.2
237	1:21:29	WILSHER, Rachael		Female Vet 45 - 49	08:08.8
238	1:21:31	BASTIAN, Adrian	Hayle Runners	Male Vet 40 - 44	08:09.0
239	1:21:53	THOMAS, Helen	Carn Runners	Female Vet 40 - 44	08:11.2
240	1:21:55	MOORE, Andy	Hayle Runners	Male Vet 50 - 54	08:11.4
241	1:21:58	KINAHAN, Rebecca	Serpentine Running Club	Female under 35	08:11.7
242	1:22:00	LONGHORN, Monica	Falmouth Road Runners	Female Vet 35 - 39	08:11.9
243	1:22:02	THOMAS, Carly	St Austell RC	Female under 35	08:12.1
244	1:22:14	CRANE, Michael	St Austell RC	Male Vet 45 - 49	08:13.3
245	1:22:18	IBANEZ, Noe		Male under 35	08:13.7
246	1:22:20	NEWING, Sarah	Hayle Runners	Female under 35	08:13.9
247	1:22:25	HAWKINS, Louise	East Cornwall Harriers	Female under 35	08:14.4
248	1:22:44	TIMSON, Charlotte		Female Vet 40 - 44	08:16.3

249	1:22:44	LOVEDAY, Allan	Newquay Road Runners	Male Vet 60 - 64	08:16.3
250	1:22:51	MORGAN, Martin	Bodmin Road Runners	Male Vet 55 - 59	08:17.0
251	1:22:58	BYRNE, James	Carn Runners	Male Vet 35 - 39	08:17.7
252	1:23:05	JONES, Lisa	St Austell RC	Female Vet 35 - 39	08:18.4
253	1:23:14	JANE, Gary	St Austell RC	Male Vet 40 - 44	08:19.3
254	1:23:16	WAITE, Brady	Falmouth Road Runners	Male under 35	08:19.5
255	1:23:18	DREW, Peter	Carn Runners	Male Vet 60 - 64	08:19.7
256	1:23:25	BERRY, Tony	Truro Running Club	Male Vet 75+	08:20.4
257	1:23:26	HUTCHINS, Sarah	Carn Runners	Female Vet 35 - 39	08:20.5
258	1:23:34	HOOPER, Paul	Mounts Bay Harriers	Male Vet 50 - 54	08:21.3
259	1:23:41	EVANS, Des	Newquay Road Runners	Male Vet 60 - 64	08:22.0
260	1:23:52	CANNON, Elizabeth	Truro Running Club	Female under 35	08:23.1
261	1:24:21	EAGLING, Nigel	Truro Running Club	Male Vet 60 - 64	08:26.0
262	1:24:22	BROWN, Roger	Falmouth Road Runners	Male Vet 45 - 49	08:26.1
263	1:24:24	TRENCHARD, Ben	Hayle Runners	Male under 35	08:26.3
264	1:24:24	MARSHALL, Keith	Falmouth Road Runners	Male Vet 65 - 69	08:26.3
265	1:24:27	ROWE, Phil	Hayle Runners	Male Vet 65 - 69	08:26.6
266	1:24:32	LANGSTAFF, Emma	Looe Pioneers	Female Vet 35 - 39	08:27.1
267	1:24:33	BADGE, Steve	Tamar Trotters	Male Vet 45 - 49	08:27.2
268	1:24:42	FISHER, Paul	Newquay Road Runners	Male Vet 45 - 49	08:28.1
269	1:24:50	CHILLINGWORTH, Glynn	St Austell RC	Male Vet 40 - 44	08:28.9
270	1:24:51	GIBBS, Sonya	Bodmin Womens RC	Female Vet 45 - 49	08:29.0
271	1:24:54	GREET, Pete	St Austell RC	Male Vet 35 - 39	08:29.3
272	1:25:00	KEWN, Jeremy	Mounts Bay Harriers	Male Vet 45 - 49	08:29.9
273	1:25:06	BALES, Jo	Truro Running Club	Female under 35	08:30.5
274	1:25:09	WRIGHT, David	Hayle Runners	Male Vet 45 - 49	08:30.8
275	1:25:13	DAVIES, Steve	Mounts Bay Harriers	Male Vet 55 - 59	08:31.2
276	1:25:14	LEE, Becky	Hayle Runners	Female Vet 45 - 49	08:31.3
277	1:25:14	WHITTAKER, Wendy		Female Vet 35 - 39	08:31.3
278	1:25:26	KNUCKEY, Nigel	Truro Running Club	Male Vet 55 - 59	08:32.5
279	1:25:27	WATERS, Rachel	St Austell RC	Female Vet 45 - 49	08:32.6
280	1:25:31	WHITE, Gary		Male Vet 40 - 44	08:33.0
281	1:25:34	FOREMAN, Michelle	Hayle Runners	Female Vet 45 - 49	08:33.3
282	1:25:35	SMITH, Brian	Hayle Runners	Male Vet 45 - 49	08:33.4
283	1:25:44	RIDLER, Sam	Newquay Road Runners	Male under 35	08:34.3
284	1:25:48	BINNS, Anne	Okehampton R C	Female Vet 45 - 49	08:34.7
285	1:25:51	HAYNES, Robert	Hayle Runners	Male Vet 45 - 49	08:35.0
286	1:25:55	HILL, Sarah	Newquay Road Runners	Female Vet 40 - 44	08:35.4
287	1:26:00	MERRETT, Graham	Hayle Runners	Male Vet 50 - 54	08:35.9
288	1:26:05	BUSCOMBE, Amy	St Austell RC	Female under 35	08:36.4
289	1:26:11	WILTON, David	Falmouth Road Runners	Male Vet 55 - 59	08:37.0
290	1:26:20	LEE, Trevor		Male Vet 50 - 54	08:37.9
291	1:26:30	HOLT, Liane	Newquay Road Runners	Female under 35	08:38.9
292	1:26:32	DAVIS, Lydia	Newquay Road Runners	Female under 35	08:39.1
293	1:26:37	BOSWORTH, Ian	Falmouth Road Runners	Male Vet 40 - 44	08:39.6
294	1:26:37	NADAUD, Julia	St Austell RC	Female under 35	08:39.6
295	1:26:39	ROUND, Matthew	Hayle Runners	Male Vet 35 - 39	08:39.8
296	1:26:43	SYMONS, Martin	Carn Runners	Male Vet 45 - 49	08:40.2
297	1:26:56	VENNING, Martin	Launceston Road Runners	Male Vet 60 - 64	08:41.5
298	1:26:58	POTTER, Alison	Newquay Road Runners	Female Vet 35 - 39	08:41.7
299	1:26:59	PHILIPPS, Andy	Looe Pioneers	Male Vet 55 - 59	08:41.8
300	1:27:00	BURROWS, Robert	Mounts Bay Harriers	Male Vet 55 - 59	08:41.9
301	1:27:02	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 45 - 49	08:42.1
302	1:27:17	ROSKILLY, Michelle	Hayle Runners	Female Vet 40 - 44	08:43.6
303	1:27:44	GIBSON, Philip	Looe Pioneers	Male Vet 35 - 39	08:46.3
304	1:27:52	MARSHALL, Sheila	Falmouth Road Runners	Female Vet 50 - 54	08:47.1
305	1:27:55	PHILLIPS, Nicola	Newquay Road Runners	Female Vet 40 - 44	08:47.4
306	1:28:00	BUDGE, Claire	St Austell RC	Female Vet 35 - 39	08:47.9
307	1:28:13	BOWDEN, John	Looe Pioneers	Male Vet 55 - 59	08:49.2
308	1:28:17	TULLETT, Peter		Male Vet 55 - 59	08:49.6
309	1:28:21	BUDGE, Andrew	St Austell RC	Male Vet 45 - 49	08:50.0
310	1:28:33	KEWN, Nicola	Mounts Bay Harriers	Female Vet 40 - 44	08:51.2
311	1:28:35	FRANKS, James	Newquay Road Runners	Male under 35	08:51.4

312	1:28:43	NEWTON, Roy	Falmouth Road Runners	Male Vet 65 - 69	08:52.2
313	1:28:44	BISHOP, Ruth	Newquay Road Runners	Female under 35	08:52.3
314	1:28:46	GALLOWAY, Alison	Carn Runners	Female Vet 45 - 49	08:52.5
315	1:28:53	MCPHAIL, Mo	Hayle Runners	Female under 35	08:53.2
316	1:28:53	BEMAN, Lynn		Female Vet 55 - 59	08:53.2
317	1:29:05	ADCOCK, Stephen		Male Vet 50 - 54	08:54.4
318	1:29:10	HOLDEN, Julian	Falmouth Road Runners	Male Vet 35 - 39	08:54.9
319	1:29:11	BONAR, David	Hayle Runners	Male Vet 50 - 54	08:55.0
320	1:29:12	LOWE, Wendy	Bodmin Womens RC	Female Vet 55 - 59	08:55.1
321	1:29:14	JUDGE, Christine		Female Vet 40 - 44	08:55.3
322	1:29:33	CABLE, Caroline	Falmouth Road Runners	Female Vet 50 - 54	08:57.2
323	1:29:38	REED, Mike		Male Vet 45 - 49	08:57.7
324	1:29:42	BAKER, Ben	Hayle Runners	Male under 35	08:58.1
325	1:29:44	BELL, Natalie	Looe Pioneers	Female under 35	08:58.3
326	1:29:45	HILL, Sandi	Newquay Road Runners	Female under 35	08:58.4
327	1:29:46	CATNACH, Peter	Looe Pioneers	Male Vet 50 - 54	08:58.5
328	1:29:50	HALL, Alexis	Newquay Road Runners	Female under 35	08:58.9
329	1:29:55	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 35 - 39	08:59.4
330	1:29:57	WARREN, Diane	Hayle Runners	Female Vet 55 - 59	08:59.6
331	1:30:00	LILLIS, John	Newquay Road Runners	Male Vet 65 - 69	08:59.9
332	1:30:14	PEGG, Rachel	Hayle Runners	Female Vet 40 - 44	09:01.3
333	1:30:28	DOBSON, Helen	Mounts Bay Harriers	Female Vet 40 - 44	09:02.7
334	1:30:30	WATTS, Jeffrey		Male Vet 65 - 69	09:02.9
335	1:30:33	PROUT, Ian		Male Vet 50 - 54	09:03.2
336	1:30:34	VINNICOMBE, Jason	Carn Runners	Male Vet 35 - 39	09:03.3
337	1:30:36	LEO, Cas	Hayle Runners	Male Vet 50 - 54	09:03.5
338	1:30:36	WILLBOND-SMITH, Roy		Male Vet 70 - 74	09:03.5
339	1:30:38	HAYNES, Howard	Hayle Runners	Male Vet 75+	09:03.7
340	1:30:41	WOOD, Lorna		Female under 35	09:04.0
341	1:30:52	HAMPTON, David	St Austell RC	Male Vet 35 - 39	09:05.1
342	1:30:53	SHAPLAND, Ron	Newquay Road Runners	Male Vet 65 - 69	09:05.2
343	1:30:57	BROMFIELD, Terry	Mounts Bay Harriers	Male Vet 60 - 64	09:05.6
344	1:30:59	JOHNS, Julie	Truro Running Club	Female Vet 50 - 54	09:05.8
345	1:31:01	LEAN, Philip	St Austell RC	Male Vet 50 - 54	09:06.0
346	1:31:14	CHAPMAN, Sharon	Newquay Road Runners	Female Vet 40 - 44	09:07.3
347	1:31:22	FRASER, Glen	Hayle Runners	Male Vet 50 - 54	09:08.1
348	1:31:27	BAKER, Emma	Looe Pioneers	Female Vet 35 - 39	09:08.6
349	1:31:28	WATKINS, Yvonne	Mounts Bay Harriers	Female Vet 50 - 54	09:08.7
350	1:31:29	WIJEWARDENE, Nicola		Female Vet 35 - 39	09:08.8
351	1:31:34	STEWART, Juliet		Female Vet 45 - 49	09:09.3
352	1:31:42	CLEMENCE, Sarah	Carn Runners	Female Vet 40 - 44	09:10.1
353	1:31:42	PELLOWE, Olivia	Carn Runners	Female Vet 35 - 39	09:10.1
354	1:31:46	WILKINSON, Sarah	Newquay Road Runners	Female Vet 50 - 54	09:10.5
355	1:31:48	RIGGS, Paul		Male under 35	09:10.7
356	1:31:53	MOSSOP, Emma		Female Vet 35 - 39	09:11.2
357	1:31:55	ELLIS, Mark		Male Vet 45 - 49	09:11.4
358	1:31:58	CHALLONER, Jady	Hayle Runners	Female under 35	09:11.7
359	1:31:59	GYNN, Stewart	Launceston Road Runners	Male Vet 40 - 44	09:11.8
360	1:32:11	COOK, Bill	Tamar Trotters	Male Vet 45 - 49	09:13.0
361	1:32:19	CARDELL, Timothea	Hayle Runners	Female Vet 70+	09:13.8
362	1:32:27	MACK, Mike	Carn Runners	Male Vet 60 - 64	09:14.6
363	1:32:57	CRYER, Jon		Male Vet 55 - 59	09:17.6
364	1:33:13	WALKER, Sherry	Bodmin Road Runners	Female Vet 50 - 54	09:19.2
365	1:33:19	SPEAKE, Georgina	St Austell RC	Female Vet 35 - 39	09:19.8
366	1:33:20	COLLINS, Nicola	Truro Running Club	Female under 35	09:19.9
367	1:33:23	PAYNE, Holly	St Austell RC	Female under 35	09:20.2
368	1:33:26	LATHOM, Janet	Launceston Road Runners	Female Vet 55 - 59	09:20.5
369	1:33:29	LA BRASH, Angela	Hayle Runners	Female Vet 35 - 39	09:20.8
370	1:34:01	JEPHCOTT, David	Falmouth Road Runners	Male under 35	09:23.9
371	1:34:04	GAMBLE, Fiona	Hayle Runners	Female under 35	09:24.2
372	1:34:17	ELGAR, Simon	Hayle Runners	Male Vet 35 - 39	09:25.5
373	1:34:32	BENNETT, Gary	Looe Pioneers	Male Vet 50 - 54	09:27.0
374	1:34:49	TRUSCOTT, Neil	St Austell RC	Male Vet 35 - 39	09:28.7

375	1:34:49	EDEN, Reg	St Austell RC	Male Vet 60 - 64	09:28.7
376	1:35:02	CATNACH, Alison	Looe Pioneers	Female Vet 35 - 39	09:30.0
377	1:35:08	WALKER, Daniella	St Austell RC	Female Vet 40 - 44	09:30.6
378	1:35:41	BLAKE, Rachel		Female Vet 40 - 44	09:33.9
379	1:35:46	MARSHALL, Terry	Falmouth Road Runners	Female Vet 60 - 64	09:34.4
380	1:36:00	SLY, Hannah		Female under 35	09:35.8
381	1:36:01	SLY, Sandra		Female Vet 45 - 49	09:35.9
382	1:36:14	MARSHALL, Debbie	St Austell RC	Female Vet 35 - 39	09:37.2
383	1:36:14	BATE, Geoff	St Austell RC	Male Vet 45 - 49	09:37.2
384	1:36:21	EVANS, Alun	Hayle Runners	Male Vet 45 - 49	09:37.9
385	1:36:26	STONE, Jackie	Mounts Bay Harriers	Female Vet 50 - 54	09:38.4
386	1:36:33	JAMES, Becky	St Austell RC	Female Vet 40 - 44	09:39.1
387	1:36:44	BILLINGTON, Melanie	Hayle Runners	Female Vet 40 - 44	09:40.2
388	1:36:44	OSBORN, Kathryn	Hayle Runners	Female Vet 50 - 54	09:40.2
389	1:37:14	HUNT, Gregory	Truro Running Club	Male under 35	09:43.2
390	1:37:14	DEVEREUX, Jacky	Truro Running Club	Female Vet 55 - 59	09:43.2
391	1:37:15	ALEXANDER, Samantha	Cornwall AC	Female Vet 45 - 49	09:43.3
392	1:37:16	WATKINS, Emma	St Austell RC	Female Vet 40 - 44	09:43.4
393	1:37:22	WATKINS, Martin	Hayle Runners	Male Vet 40 - 44	09:44.0
394	1:37:42	FALCIONE, Marisa	Falmouth Road Runners	Female Vet 45 - 49	09:46.0
395	1:37:59	MILSOM, Eileen	Mounts Bay Harriers	Female Vet 60 - 64	09:47.7
396	1:38:02	PAYNE, Samantha	Falmouth Road Runners	Female under 35	09:48.0
397	1:38:04	WISEMAN, Emma	Mounts Bay Harriers	Female under 35	09:48.2
398	1:38:06	SEYMOUR, Rob	Hayle Runners	Male Vet 45 - 49	09:48.4
399	1:38:07	PAGE, Helen	Carn Runners	Female Vet 35 - 39	09:48.5
400	1:38:07	OVENS, Sarah	Looe Pioneers	Female under 35	09:48.5
401	1:38:11	SWIGGS, Helen	Grit and Grin	Female Vet 45 - 49	09:48.9
402	1:38:39	WILLIS, Sharon	Newquay Road Runners	Female Vet 45 - 49	09:51.7
403	1:39:00	BRANDWOOD, Laura	Falmouth Road Runners	Female under 35	09:53.8
404	1:39:12	HORTON, Catherine	Falmouth Road Runners	Female Vet 35 - 39	09:55.0
405	1:39:29	CURTIS, Jill	Cornwall AC	Female Vet 55 - 59	09:56.7
406	1:39:42	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 55 - 59	09:58.0
407	1:39:43	GREENAWAY, John	Mounts Bay Harriers	Male Vet 55 - 59	09:58.1
408	1:39:48	SMITH, Roger		Male Vet 50 - 54	09:58.6
409	1:39:56	CHICK, Anna	Falmouth Road Runners	Female Vet 40 - 44	09:59.4
410	1:39:58	TALEN, Alison	St Austell RC	Female Vet 35 - 39	09:59.6
411	1:40:03	POWELL, Jennifer	Mounts Bay Harriers	Female under 35	10:00.1
412	1:40:12	TALBOT, Bev	St Austell RC	Female Vet 45 - 49	10:01.0
413	1:40:15	DOUGLAS, Debbie	Truro Running Club	Female Vet 50 - 54	10:01.3
414	1:40:41	BROWN, Jo		Female Vet 35 - 39	10:03.9
415	1:40:55	FLANAGAN, Rachel	Falmouth Road Runners	Female Vet 45 - 49	10:05.3
416	1:41:03	NEIL, Jennifer	Hayle Runners	Female under 35	10:06.1
417	1:41:04	SCRACE, Charmaine	St Austell RC	Female Vet 40 - 44	10:06.2
418	1:41:04	ROCHFORD, Hayley	Hayle Runners	Female Vet 35 - 39	10:06.2
419	1:41:07	O'KEEFFE, Jackie	Hayle Runners	Female Vet 50 - 54	10:06.5
420	1:41:13	SWABY, Heidi	Mounts Bay Harriers	Female Vet 40 - 44	10:07.1
421	1:41:17	PELLOW, Karen	Dreckly Runnrs	Female Vet 45 - 49	10:07.5
422	1:41:26	TRUDGEON, Rachel		Female under 35	10:08.4
423	1:41:31	PATEMAN, Gemma	St Austell RC	Female under 35	10:08.9
424	1:41:49	MCCORMACK, Teresa	Falmouth Road Runners	Female Vet 35 - 39	10:10.7
425	1:42:03	SHALLCROFT, Rosalyn	Falmouth Road Runners	Female Vet 40 - 44	10:12.1
426	1:42:21	ENDEAN, Dave	St Austell RC	Male Vet 60 - 64	10:13.9
427	1:42:21	MELLIS, Susan	St Austell RC	Female Vet 60 - 64	10:13.9
428	1:42:23	HARRIES, Kelly	Falmouth Road Runners	Female Vet 35 - 39	10:14.1
429	1:42:26	HENNESSY, Sally	Grit and Grin	Female Vet 50 - 54	10:14.4
430	1:42:33	HOAR, Nicola	St Austell RC	Female Vet 45 - 49	10:15.1
431	1:43:11	DALTON, Martin	Falmouth Road Runners	Male Vet 60 - 64	10:18.9
432	1:43:25	SAUNDRY, Richard	Hayle Runners	Male Vet 70 - 74	10:20.3
433	1:43:57	GRIFFITH, Jacky	Truro Running Club	Female Vet 50 - 54	10:23.5
434	1:44:09	SHALLCROFT, John	Falmouth Road Runners	Male Vet 45 - 49	10:24.7
435	1:44:35	SNOOK, Mike	Tamar Trotters	Male Vet 45 - 49	10:27.3
436	1:44:46	BUDGE, Paula	St Austell RC	Female Vet 35 - 39	10:28.4
437	1:44:48	TREGARTHEN, Sarah	Hayle Runners	Female Vet 45 - 49	10:28.6

438	1:45:01	TURNER, Rachel	Grit and Grin	Female Vet 40 - 44	10:29.9
439	1:45:10	NICHOLAS, Hilary	St Austell RC	Female Vet 50 - 54	10:30.8
440	1:45:15	BEEVERS, Clare		Female Vet 35 - 39	10:31.3
441	1:45:58	WILSON, Peter	Tamar Trotters	Male Vet 50 - 54	10:35.6
442	1:45:58	ROGERS, Samantha	Tamar Trotters	Female under 35	10:35.6
443	1:46:32	HANSON, Julie	Hayle Runners	Female Vet 50 - 54	10:39.0
444	1:46:32	LEWIS, Caroline	Hayle Runners	Female Vet 45 - 49	10:39.0
445	1:47:05	BRENNAN, Valerie	Hayle Runners	Female Vet 60 - 64	10:42.3
446	1:48:05	JAMES, Michaela	Hayle Runners	Female Vet 35 - 39	10:48.3
447	1:49:24	HADFIELD-BENNETT, Penny	Plymouth Harriers	Female Vet 40 - 44	10:56.2
448	1:49:54	TAGNEY, Maggie	St Austell RC	Female Vet 60 - 64	10:59.2
449	1:50:12	JARDINE, Clare	Tamar Trotters	Female Vet 45 - 49	11:01.0
450	1:50:13	AINSWORTH, John	Tamar Trotters	Male Vet 45 - 49	11:01.1
451	1:51:03	CAIN, Gillian	Tamar Trotters	Female Vet 45 - 49	11:06.1
452	1:51:13	NIMMO, Karen	Hayle Runners	Female under 35	11:07.1
453	1:51:13	NIMMO, Donna	Hayle Runners	Female under 35	11:07.1
454	1:51:15	THOMPSON, Steve	Dreckly Runnrs	Male Vet 45 - 49	11:07.3
455	1:51:30	REED, Jamie	Dreckly Runnrs	Male under 35	11:08.8
456	1:51:33	MCGUIRE, Jo	Hayle Runners	Female under 35	11:09.1
457	1:51:55	HAMBLY, Darren	St Austell RC	Male Vet 40 - 44	11:11.3
458	1:52:12	EMERY, Susanne	Hayle Runners	NDB	11:13.0
459	1:52:46	DREW, Carole	Carn Runners	Female Vet 65 - 69	11:16.4
460	1:53:48	STAFF, Rachael	St Austell RC	Female Vet 35 - 39	11:22.6
461	1:53:48	WYATT, Terry	St Austell RC	Male Vet 50 - 54	11:22.6
462	1:53:56	COLDRICK, Debra	Hayle Runners	Female Vet 45 - 49	11:23.4
463	1:55:49	FRANCIS, Donna	Newquay Road Runners	Female Vet 60 - 64	11:34.7
464	1:56:05	FRITH, Ray	Newquay Road Runners	Male Vet 60 - 64	11:36.3
465	1:56:26	GARRARD, David	Falmouth Road Runners	Male Vet 65 - 69	11:38.4
466	1:57:45	VENNING, Ann	Launceston Road Runners	Female Vet 60 - 64	11:46.3
467	1:58:36	HAWKEN, Val	Newquay Road Runners	Female Vet 70+	11:51.4
468	1:59:25	HATCH, David	Moorhaven RC	Male Vet 65 - 69	11:56.3
469	1:59:30	MARSH, Kathryn	Dreckly Runnrs	Female Vet 35 - 39	11:56.8
470	1:59:32	WHITNEY, Linda	Newquay Road Runners	Female Vet 60 - 64	11:57.0
471	2:00:45	EVANS, Julie	Hayle Runners	Female Vet 50 - 54	12:04.3
472	2:03:14	WRIGHT, Mike	Hayle Runners	Male Vet 60 - 64	12:19.2
473	2:03:41	BOYNES, Angela	Falmouth Road Runners	Female Vet 40 - 44	12:21.9
474	2:05:57	PERCIVALL, Nic	Falmouth Road Runners	Female Vet 35 - 39	12:35.5
475	2:07:11	COOK, Kate	Hayle Runners	NDB	12:42.9
476	2:07:38	CARTER, Roger	Looe Pioneers	Male Vet 55 - 59	12:45.6
477	2:09:05	SOMERVILLE, Andrea	Grit and Grin	Female Vet 60 - 64	12:54.3
478	2:09:21	MCNEVIN, Iva	Mounts Bay Harriers	Female Vet 55 - 59	12:55.9
479	2:12:28	SCOTT, Carol	Truro Running Club	Female Vet 55 - 59	13:14.6
480	2:12:28	SCOTT, Thomas		Male Vet 60 - 64	13:14.6
481	2:26:40	HULCOOP, Jason	Moorhaven RC	Male Vet 35 - 39	14:39.8
482	2:26:43	BROWN, Helen	Falmouth Road Runners	Female Vet 45 - 49	14:40.1