



THE DIRTY DUATHLON RESULTS - LANHYDROCK HOUSE – 15TH MARCH 2015

Pair Duathlon Relay Results (5km Run, 15km Bike, 2.5km Run)

Name	Age Cat	Race Time	Overall Position	Category Position	Run - Lap 1	Run - Lap 2	Transition 1	Bike - Lap 1	Bike - Lap 2	Bike - Lap 3	Transition 2	Final Run
Wills, Julian (Run) AND Holland, Tom (Bike)	Male	01:08:42	1	1	00:08:09	00:08:18	00:00:19	00:14:17	00:14:06	00:15:16	00:00:12	00:08:05
Shorey, Chris (Bike) and Shorey, Charlene (Run)	Mix	01:20:20	2	1	00:08:15	00:08:24	00:00:22	00:18:04	00:17:54	00:18:55	00:00:12	00:08:14
Chapman, Mick and Cox, Gregory	Male	01:21:55	3	2	00:08:10	00:08:13	00:00:19	00:18:21	00:18:33	00:19:52	00:00:15	00:08:12
Murdon, Ben AND Bayley, Marc	Male	01:37:21	4	3	00:08:06	00:08:14	00:00:19	00:22:49	00:23:39	00:25:56	00:00:17	00:08:01
Spiller, Vernon AND Spiller, Katie-May	Mix	01:40:32	5	2	00:10:02	00:10:22	00:00:28	00:22:09	00:22:44	00:24:24	00:00:17	00:10:06
Rowell, Tony (Bike) AND Thomas, Mel (Run)	Mix	01:41:43	6	3	00:09:55	00:09:40	00:00:25	00:23:06	00:23:57	00:24:44	00:00:19	00:09:37
Kay, David (Run) AND Kay, Robert (Bike)	Male	01:46:13	7	4	00:10:42	00:11:35	00:00:38	00:29:29	00:20:44	00:22:10	00:00:17	00:10:38
Maddock, Hadleigh (Bike) AND Newport, Josh (Run)	Male	01:49:11	8	5	00:08:56	00:09:21	00:00:30	00:25:22	00:27:04	00:28:45	00:00:10	00:09:03

Woman's Duathlon Results (5km Run, 15km Bike, 2.5km Run)

Name	Age Cat	Race Time	Overall Position	Age Cat Position	Run - Lap 1	Run - Lap 2	Transition 1	Bike - Lap 1	Bike - Lap 2	Bike - Lap 3	Transition 2	Final Run
Boyd, Isabel	W30	01:32:18	1	1	00:09:25	00:09:35	00:00:42	00:20:02	00:20:06	00:21:42	00:00:32	00:10:14
Verney, Fiona	W40	01:42:15	2	1	00:09:51	00:10:05	00:01:37	00:22:41	00:22:23	00:24:21	00:01:06	00:10:11
Myford, Sarah	W50	01:45:41	3	1	00:10:11	00:09:52	00:01:36	00:24:10	00:23:33	00:24:51	00:01:11	00:10:17
Hannon, Amanda	W21	02:15:40	4	1	00:10:31	00:11:05	00:01:03	00:32:48	00:32:47	00:32:49	00:00:52	00:13:45
Hasell, Elizabeth	W30	02:21:50	5	2	00:13:32	00:15:14	00:01:11	00:31:34	00:30:52	00:32:57	00:00:30	00:16:00

Men's Duathlon Results (5km Run, 15km Bike, 2.5km Run)

Name	Age Cat	Race Time	Overall Position	Age Cat Position	Run - Lap 1	Run - Lap 2	Transition 1	Bike - Lap 1	Bike - Lap 2	Bike - Lap 3	Transition 2	Final Run
Ferguson, Steve	M30	01:12:22	1	1	00:07:52	00:07:59	00:00:39	00:15:40	00:15:23	00:16:25	00:00:42	00:07:42
Pascoe, Jason	M40	01:20:15	2	1	00:07:58	00:08:14	00:00:42	00:17:44	00:17:30	00:19:00	00:00:31	00:08:36
Porter, Darrin	M40	01:20:39	3	2	00:08:20	00:08:16	00:00:51	00:18:06	00:17:34	00:18:31	00:00:44	00:08:17
Williams, Denzil	M40	01:21:01	4	3	00:08:30	00:08:44	00:00:39	00:17:23	00:17:18	00:18:20	00:00:36	00:09:31
Hutchins, Will	M40	01:21:51	5	4	00:08:27	00:08:45	00:01:03	00:17:52	00:17:25	00:18:18	00:00:40	00:09:21
Ellis, Andrew	M40	01:25:43	6	5	00:09:31	00:09:35	00:01:05	00:18:24	00:17:56	00:18:53	00:00:45	00:09:34
Ford, Richard	M21	01:27:39	7	1	00:09:10	00:09:11	00:01:00	00:19:04	00:19:01	00:20:01	00:00:24	00:09:48
Hudson, Mark	M40	01:28:08	8	6	00:09:09	00:09:31	00:00:59	00:18:38	00:18:29	00:20:25	00:00:44	00:10:13
Whitehead, Dayle	M40	01:29:34	9	7	00:09:31	00:09:37	00:01:07	00:19:18	00:18:56	00:20:22	00:00:48	00:09:55
Trout, Tom	M21	01:32:54	10	2	00:09:29	00:09:00	00:00:57	00:20:56	00:20:24	00:22:07	00:00:41	00:09:20
Savage, Christian	M30	01:33:38	11	2	00:09:27	00:09:20	00:00:29	00:20:23	00:21:28	00:21:52	00:00:26	00:10:13
Ralph, James	M21	01:34:32	12	3	00:08:52	00:09:44	00:00:34	00:21:19	00:20:50	00:22:10	00:00:23	00:10:40
Davies, Richard	M30	01:35:53	13	3	00:10:08	00:09:34	00:01:19	00:20:31	00:20:21	00:22:07	00:01:26	00:10:27
McGing, James	M21	01:37:17	14	4	00:09:44	00:10:05	00:00:54	00:21:25	00:21:04	00:23:06	00:00:27	00:10:32
Vine, Andrew	M50	01:37:56	15	1	00:10:27	00:10:43	00:01:34	00:20:29	00:20:05	00:21:43	00:01:11	00:11:44
Jenkins, Rob	M30	01:38:29	16	4	00:09:27	00:09:36	00:00:53	00:22:49	00:22:16	00:22:43	00:00:37	00:10:08
Fraser, Robin	M40	01:42:24	17	8	00:09:55	00:09:44	00:00:40	00:22:58	00:22:00	00:25:24	00:00:32	00:11:11
Mudd, Calvin	M40	01:43:40	18	9	00:10:35	00:10:49	00:01:07	00:22:18	00:21:58	00:24:14	00:00:51	00:11:48
Hamilton, David	M50	01:46:59	19	2	00:11:03	00:11:40	00:01:36	00:23:24	00:22:09	00:23:51	00:01:18	00:11:58
Hockey, Nick	M50	01:48:32	20	3	00:10:26	00:11:16	00:01:09	00:24:12	00:23:17	00:25:30	00:00:36	00:12:06
Ralph, Brett	M30	01:50:29	21	5	00:09:36	00:09:17	00:00:42	00:27:27	00:25:39	00:26:59	00:00:26	00:10:23
Sanders, Lewis	M21	01:51:26	22	5	00:10:36	00:11:08	00:00:42	00:26:25	00:25:11	00:25:23	00:00:23	00:11:38
Evans, Matthew	M40	01:52:14	23	10	00:11:27	00:11:34	00:01:57	00:24:11	00:24:22	00:25:41	00:01:08	00:11:54
Taylor, Alex	M21	01:55:22	24	6	00:12:22	00:12:55	00:03:55	00:23:06	00:23:31	00:24:14	00:02:07	00:13:12
Truscott, Niel	M30	01:58:08	25	6	00:10:39	00:10:37	00:00:58	00:26:35	00:26:24	00:29:40	00:00:36	00:12:39
Nicholls, David	M30	02:03:17	26	7	00:13:14	00:12:58	00:01:53	00:27:00	00:25:59	00:27:43	00:00:49	00:13:41
Crocker, Ashley	M30	02:07:42	27	8	00:10:32	00:12:21	00:01:04	00:24:37	00:25:46	00:32:00	00:00:46	00:20:36
Griffin, John	M40	02:14:29	28	11	00:13:16	00:12:59	00:01:59	00:29:58	00:30:23	00:30:48	00:00:55	00:14:11
Bance, Daniel	M30	02:15:37	29	9	00:10:20	00:11:14	00:01:12	00:28:59	00:36:07	00:32:48	00:01:18	00:13:39
McColl, Daren	M40	00:47:39	Rtrd	Rtrd	00:10:37	00:10:16	00:00:58					

Youth Mini Duathlon Results (5km Bike, 2.5km Run)

Name	Age Cat	Race Time	Overall Position	Bike	Transition	Run
Medlyn, Sam	M12	00:22:54	1	00:11:14	00:00:47	00:10:53
Clark, Drew	M13	00:23:35	2	00:13:26	00:00:25	00:09:44
Edwards, Leon	M15	00:28:10	3	00:16:01	00:00:40	00:11:29
Barry, Daniel	M14	00:28:12	4	00:16:05	00:00:42	00:11:25
Bell, Tom	M13	00:29:16	5	00:20:44	00:00:29	00:08:03
Selwood, Edward	M9	00:30:16	6	00:16:52	00:00:31	00:12:53
Gilkes, Finlay	M12	00:33:22	7	00:20:34	00:00:30	00:12:18
Fraser, Harry	M8	00:59:33	8	00:42:48	00:00:49	00:15:56