

MOUNTS BAY HARRIERS - PENZANCE DUATHLON 2016

Position	Number	Surname	Forename	Category	Club	Run 1	Bike	Run 2	Total time
1	6	Birchmore	Michael	M20-29	Velotive	00:17:56	00:13:15	00:20:07	00:51:18
2	95	Thomas	Justin	MV40-49	Cornwall AC	00:18:37	00:16:50	00:18:09	00:53:36
3	46	Kinver	Daniel	M20-29	Exeter Tri Club	00:19:41	00:15:23	00:19:26	00:54:30
4	5	Baker	Will	M20-29	Mounts Bay Harriers	00:19:49	00:15:28	00:19:25	00:54:42
5	76	Porter	Darrin	MV50-59	BCR Tri	00:21:00	00:16:01	00:19:35	00:56:36
6	44	Kent	Ben	M20-29	BCR Tri	00:20:39	00:15:33	00:20:46	00:56:58
7	103	Webster	Mark	MV30-39	Cornwall AC	00:19:55	00:17:48	00:19:28	00:57:11
8	50	Knowles	Simon	MV40-49	Hayle Runners	00:20:09	00:18:37	00:18:34	00:57:20
9	105	Wherry	Steven	MV50-59	Cornwall AC	00:20:09	00:18:07	00:19:05	00:57:21
10	113	Jackson	Brett	MV30-39	St Austell Triathletes	00:21:20	00:16:35	00:20:22	00:58:17
11	102	Waller	Connor	Mu20	Mounts Bay Harriers	00:23:36	00:14:40	00:20:46	00:59:02
12	10	Brinnen	Alex	MV30-39	Gylly SLSC	00:21:55	00:16:20	00:21:20	00:59:35
13	107	Williams	Denzil	MV40-49	St Austell Triathletes	00:21:33	00:16:39	00:21:40	00:59:52
14	1	Adams	Russ	MV40-49	Cornwall AC	00:21:58	00:18:00	00:19:58	00:59:56
15	110	Worledge	Mark	MV50-59	Mounts Bay Harriers	00:23:09	00:15:28	00:21:23	01:00:00
16	80	Richards	Mark	MV40-49	Mounts Bay Harriers	00:22:35	00:16:41	00:21:09	01:00:25
17	94	Terry	Jon	MV40-49	Sons of the Hop	00:21:15	00:18:01	00:21:23	01:00:39
18	70	Pearse	Nick	MV50-59	Tamar Trotters	00:22:57	00:16:18	00:21:46	01:01:01
19	72	Pickering	Stuart	MV50-59	Cycle Logic	00:23:10	00:15:08	00:22:56	01:01:14
20	41	Kearey	Blaine	MV30-39		00:23:46	00:15:31	00:22:17	01:01:34
21	58	Matthews	Ian	MV50-59	Mounts Bay Harriers	00:22:49	00:16:19	00:22:45	01:01:53
22	66	Norris	Guy	MV50-59		00:22:48	00:18:54	00:21:06	01:02:48
23	28	Gilbert	William	MV30-39		00:24:04	00:16:01	00:23:03	01:03:08
24	100	Tully	Wayne	M20-29	Sittingbourne Striders	00:22:55	00:18:08	00:22:18	01:03:21
25	71	Phillips	Andrew	MV30-39		00:23:15	00:18:11	00:21:58	01:03:24
26	33	Gwynn	Leo	MV30-39		00:21:15	00:19:22	00:22:48	01:03:25
27	87	Schofield	Gary	MV30-39		00:23:16	00:17:56	00:22:13	01:03:25
28	45	King	Mark	MV50-59	Tri-Logic	00:24:15	00:17:07	00:22:36	01:03:58

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29	104	Wheeldon	Adam	MV40-49		00:23:22	00:17:40	00:23:04	01:04:06
30	59	McClay	Karen	FV50-59	Mounts Bay Harriers	00:23:37	00:17:54	00:22:44	01:04:15
31	85	Savage	Christian	MV30-39	Truro Goats Triathlon	00:23:23	00:16:58	00:24:42	01:05:03
32	52	Lamerton	Ian	MV40-49	Plymouth Tri Club	00:22:37	00:21:21	00:21:45	01:05:43
33	34	Hardwick	Shelley	FV40-49		00:22:58	00:21:03	00:21:53	01:05:54
34	2	Aldis	Phil	MV50-59	Bude Rats	00:24:46	00:17:56	00:23:14	01:05:56
35	62	Munday	Caleb	MV30-39	Mounts Bay Harriers	00:24:49	00:18:26	00:23:09	01:06:24
36	64	Nicholas	Scott	MV30-39	Mounts Bay Harriers	00:23:54	00:17:49	00:24:57	01:06:40
37	68	Parnwell	Daniel	MV40-49		00:24:00	00:18:25	00:24:21	01:06:46
38	83	Rogers	Laura	FV30-39	Cornwall AC	00:23:38	00:20:22	00:22:58	01:06:58
39	36	Harvey	Richard	MV40-49	Carn Runners	00:24:48	00:19:14	00:23:05	01:07:07
40	79	Pulley	Sean	MV50-59		00:23:40	00:20:45	00:22:57	01:07:22
41	18	Davis	Jason	MV40-49		00:25:00	00:18:28	00:24:10	01:07:38
42	112	Ranford	Chris	MV30-39		00:23:43	00:14:34	00:29:33	01:07:50
43	74	Player	Lisa	FV50-59	Team Velotive	00:25:04	00:18:40	00:24:17	01:08:01
44	26	Garvey	Jessica	FV30-39	Hayle Runners	00:24:21	00:19:14	00:24:40	01:08:15
45	43	Kelly-Mor	Brian	MV30-39		00:24:20	00:20:00	00:24:48	01:09:08
46	39	Henley	Joanna	FV40-49	Yeovil Town Road Running Club	00:25:12	00:20:27	00:23:30	01:09:09
47	97	Tremlett	Albert	Mu20		00:23:17	00:22:15	00:23:58	01:09:30
48	24	Ellis	Andrew	MV40-49	Cycle Logic	00:28:03	00:16:49	00:25:33	01:10:25
49	93	Storer	Graham	MV50-59	Mounts Bay Harriers	00:25:02	00:22:11	00:23:52	01:11:05
50	60	Morrison	Alastair	MV50-59		00:24:03	00:24:03	00:23:35	01:11:41
51	48	Kleinman	Michael	MV40-49	Mounts Bay Harriers	00:25:57	00:22:33	00:24:06	01:12:36
52	4	Backhouse	Eden	Fu20	Mounts Bay Harriers	00:26:50	00:20:08	00:25:52	01:12:50
53	14	Crane	Michael	MV50-59	St Austell Triathletes	00:27:26	00:18:17	00:27:27	01:13:10
54	23	Drew	Barry	MV60+	Tri-Logic	00:27:01	00:21:19	00:25:40	01:14:00
55	56	Marquis	Peter	MV60+		00:28:10	00:19:22	00:26:35	01:14:07
56	90	Smitham	Josh	M20-29		00:25:29	00:20:29	00:30:00	01:15:58

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57	86	Schilling	Craig	MV40-49	Bornefit	00:27:16	00:21:31	00:27:48	01:16:35
58	84	Rule	Helen	FV30-39		00:28:05	00:22:17	00:27:00	01:17:22
59	29	Glover	Ruth	F20-29	Mounts Bay Harriers	00:28:02	00:22:17	00:27:24	01:17:43
60	22	Domeney	Steve	MV40-49		00:27:01	00:23:50	00:27:08	01:17:59
61	11	Burnett	Kevin	MV60+	Newquay Road Runners	00:28:45	00:21:55	00:27:30	01:18:10
62	109	Woodward	Penny	FV40-49		00:28:16	00:22:05	00:28:23	01:18:44
63	27	Gilbert	Angela	FV30-39		00:30:06	00:19:48	00:29:31	01:19:25
64	69	Pearce	Deborah	FV40-49		00:29:19	00:23:06	00:27:49	01:20:14
65	19	de Rozarieux	Nathan	MV40-49		00:30:49	00:21:35	00:28:25	01:20:49
66	61	Morrison	Annie	FV50-59		00:28:25	00:26:14	00:27:29	01:22:08
67	82	Rickard	Tracey	FV50-59	Tri-Logic	00:30:43	00:23:32	00:29:09	01:23:24
68	15	Cutts	Rita	FV60+	Tri-Logic	00:32:10	00:23:20	00:31:13	01:26:43
69	25	Fox	Karrie	FV60+	Tri-Logic	00:32:11	00:23:29	00:31:03	01:26:43
70	21	Dickson	Billy	MV40-49		00:30:09	00:24:26	00:32:14	01:26:49
71	75	Plunkett-Reed	Kate	FV30-39		00:31:19	00:24:03	00:31:32	01:26:54
72	96	Tregear	Sarah	FV30-39	Mounts Bay Harriers	00:32:14	00:22:51	00:32:11	01:27:16
73	78	Prettejohn	Demelza	FV50-59		00:32:15	00:23:36	00:31:38	01:27:29
74	31	Greet	Mark	MV50-59		00:32:32	00:22:26	00:32:37	01:27:35
75	40	Johns	Elisha	FV30-39	Mounts Bay Pilot Gig Club	00:31:25	00:25:07	00:31:16	01:27:48
76	65	Nicholas	Tim	MV40-49	Mounts Bay Pilot Gig Club	00:31:24	00:25:08	00:31:16	01:27:48
77	3	Backhouse	Claire	FV50-59	Mounts Bay Harriers	00:31:48	00:25:07	00:31:38	01:28:33
78	77	Prady	Liz	FV60+	Mounts Bay Harriers	00:34:18	00:24:28	00:32:40	01:31:26
79	8	Bowden	Gayle	FV30-39		00:35:45	00:21:51	00:37:15	01:34:51
80	101	Venus	Helen	FV40-49		00:35:45	00:26:51	00:35:10	01:37:46